ARTICULATED HAND MODEL
BE THE ORTHOPEDIST, BROUGHT TO YOU BY THE MOST AND SYRACUSE ORTHOPEDIC SPECIALISTS.

Materials
- Cardboard or cardstock
- 4-5 paper or plastic straws
- String
- Glue or tape
- Pencil or dowel rod
- Beads or fastener nuts

Instructions
1) Start by tracing your hand on cardboard/cardstock and cutting it out.
2) Cut the straws into half, then cut 1 half of each into 3 equal pieces. (Each straw will be in 4 pieces total).
3) Line up the straw pieces along the length of each finger on your cardboard hand. Glue or tape the straw pieces in a straight line, 1 set on each finger/thumb, leaving about a 1/4" space between each.
4) Tie a bead or nut to the end of each of the 5 pieces of string, and thread them through each of the five fingers. Make sure the string threads through all of the straw pieces on each finger!
5) Attach the dowel rod or pencil to the back of the hand (the side without straws) with tape or glue.
6) You're ready to articulate! Pull on each string individually, or all 5 together to watch the hands in action!